

**Abbot’s Lea school**

**Sports Premium Plan**

**2022 - 23**

During the academic year 2022 – 23 focused support will be provided to improve the quality and breadth of the PE and sport activities we offer our pupils. Sadly, Covid-19 restrictions have hampered many planned activities during the past 18 months. Visits will be undertaken in a Covid-19 safe manner.

Greater engagement in sport and widening access to sport will be the key feature of our spending.

Access to a broader spectrum of sporting opportunities will continue to be a prominent theme with a focus on therapeutic activities and opportunities for pupils to learn in flexible environments.

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| Little Sunshine Yoga  | £1,480  | We will continue to develop student’s emotional intelligence, well-being and mental state by focusing on the present moment, while acknowledging and accepting one’s feelings and thoughts through movement as a therapeutic technique.  |
| Access to Sporting Competitions (James Dixon) | £300  | James Dixon sporting events including access to Boccia, Swimming Galas, Football tournaments, Basketball tournaments.  |
| Climbing Wall Training   |  £1000  | Climbing Wall training for the staff to enable them to assist and instruct the students on the climbing wall.  |
| Judo  | £1,800  | We will continue to provide students with a wider range of sports and encouraging them to engage in clubs in their community.   |
| Swimming  | £9240  | Additional swimming instruction to promote water safety, confidence and competence across the school.  |
| Sporting and Sensory Equipment  | £2380  | We will further enhance the equipment in school and will develop our PE and Sensory equipment identified (with Occupational Therapist) top support the students.   |
| **TOTAL FUNDING**   | **£16,200**   |   |